



Aggression and Safety in Aged Care Roles

Contact
Us Now

Incidents compromising the work, health and safety for all stakeholders in the aged care sector are continuing to pose challenges. Whether people are in a residential home or continuing to live in the community some people living with deteriorating mental health can display aggressive and violent behaviours that can pose considerable risk to themselves and others.

For organisations, providing training to this critical group that undertake this essential community work to better manage aggressive stakeholders is a proactive strategy in managing risk. Our programs are a tangible demonstration of support by providing opportunities for teams to develop and practice the techniques that will improve their individual wellbeing, build personal confidence and organisational capability in the team.

About the workshop

This program is an activity and discussion based learning program that invites participants to become actively involved in the **workshop through the use of tailored and relevant case studies, scenarios** and the opportunity to practise skills and share experiences among the cohort.

Our programs with other aged care providers focus on aggression as a result of mental/cognitive impairment and provides practical strategies to assist staff in that operating context.

Each participant is provided with a workbook to support the group work activities and which contains additional references for those seeking more information on how to manage aggressive behaviours as part of their work.

Learning outcomes**

- Understanding triggers, causes and diagnostic criteria behind aggressive behaviour in a residential aged care environment – focus on behaviours of residents suffering dementia
- Identifying risk factors and undertaking dynamic risk assessments as a protective behaviour
- Implementing emotional intelligence skills to achieve positive outcomes
- Use advanced communication skills techniques to de-escalate with residents who may exhibit aggression due to hallucinations, delusions or heightened/anxious states

- Protective behaviours such as territorial reinforcement, situational and exit awareness skills.
- Basic protective personal behaviour strategies including bladed and defensive stance and the triangle of safety
- Identify when support and assistance is required
*** Programs are tailored to ensure alignment to organisational policies and procedures*

Program Delivery

This workshop program that is currently only available for **organisational groups** only in:

- 3 hr or full day face to face formats on site **at your location**
- 3 hr live and interactive virtual workshop

Who will Benefit?

This training is for any person who is working in the aged care sector providing support services to people living with cognitive impairments that may result in aggressive behaviours.

About ACIM Solutions

ACIM Solutions is a niche nationally recognised registered training organization (RTO 41002) providing innovative, high quality, flexible and tailored learning programs. This interactive program is designed for organisational groups to provide valuable opportunities to build practical skills for application in a broad range of contexts.

Our Lead Facilitator

Paula McMullen PhD leads this program and has a wealth of experience working in the healthcare sector. Paula has worked extensively in delivering adult education programs to support those managing challenging behaviours as a result of health impairments.

To read more about Dr Paula McMullen: [Our Team - Paula McMullen, PhD](#)



SCAN ME

FOR MORE INFORMATION:

www.acimsolutions.com.au

contact@acimsolutions.com.au

Philippa Woolf

Phone: 0413 457 757