



NSW Police Legacy – *Back Up for Life* Career Confidence Workshop – 10th August 2018

About ACIM Solutions

ACIM Solutions is a Registered Training Organisation #41002. We offer a suite of learning and development programs including high quality, nationally recognised qualifications and short course programs contextualised to our learning groups. To learn more about us please go to www.acimsolutions.com.au

The program

The *Career Confidence Workshop* is a one (1) day program developed to provide retired or transitioning NSW Police Officers and their families with an understanding of contemporary recruitment practices and the skills and knowledge to assist in identifying future career opportunities.

This is a practical workshop program that will encourage participants to

- Identify their key personal values and consider what vocations support those values
- Self reflect and articulate their individual **strengths and skills** and how they can be translated to different workplaces
- Consider and analyse possible career streams and industries. This part of the session includes a familiarisation of how to apply for positions in the public sector as part of the NSW Government Capability Framework.
- Reflect on any barriers to accessing those areas of interest and possible navigation pathways. This reflection then becomes the basis for the development of a personal action plan to improve the opportunities for entry into their preferred career.
- Provide an understanding of contemporary recruitment processes

- creating social media profiles
- personal branding
- networking
- resume preparation
- interview skills – preparation and presentation
- positive communication skills

Building Resilience

The final part of the session focuses on developing practical strategies to build personal resilience skills to support the transitioning process.

Practical tools

The workshop is interactive and provides an opportunity for participants to draft resumes and prepare a personal action plan to achieve their vocational goals.

Facilitator

Our facilitators will include ex-NSW Police member Philippa Woolf. Since leaving NSW Police Philippa has worked in a number of roles and has supported many former police to navigate new vocational pathways and opportunities. This first hand experience ensures she understands the challenges of transitioning but also the opportunities that are available.

Emily Bowen from Forsythes Recruitment will also be attending on the day and present some tools to assist those seeking new careers.

We encourage all eligible former Police who are interested in re-entering the workforce to come along.

To book contact Esther Mackay
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